

# 2024/2025 JUNIOR ACADEMY APPLICATION FORM

Student's Name: \_\_\_\_\_

Level of play: \_\_\_\_\_

Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Parent/Guardian name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Special Requirements (i.e. medical conditions, allergies etc.):  
 \_\_\_\_\_

Session(s): \_\_\_\_\_

Date(s): \_\_\_\_\_

Lesson fees:

Membership fee:

Total fees:

### Waiver and Release of Liability

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE and HOLD HARMLESS MIKE THOMSON, EGLINTON FLATS WINTER TENNIS CLUB, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners, and the lessor of premises used to conduct the event ("releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damages to persons or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE. This waiver and release of liability protects the releasees from all claims related to any epidemics and/or pandemics.

### Please Print

Parent/Guardian: \_\_\_\_\_

Signature: \_\_\_\_\_

Student Name: \_\_\_\_\_

Can be released to the following adults/parents/guardians:  
 Yes [ ] No [ ] \_\_\_\_\_

Can go home unaccompanied by a parent/guardian:  
 Yes [ ] No [ ] \_\_\_\_\_

# EGLINTON FLATS WINTER TENNIS CLUB



3601 Eglinton Ave. West, Toronto, ON M6M 1V7  
 416-767-3622 [eglintonflats.com](http://eglintonflats.com)

### Dates to Remember

Junior Assessment	Sept 29 4pm - 6pm
Junior Advanced House League	Oct 5 6pm - 8pm
Junior Intermediate House League	Oct 12 6pm - 8pm
Winter Break	Dec 21 - Jan 5, 2025
Winter Break Camp	Dec 23 - 27 [4 days] & Dec 30-31, Jan 2 - 3 [4 days]
Junior Davis Cup	Feb 1, 2025 1pm-5pm
March Break Camp	Mar 10 - 14, 2025 4-6pm [4 days]
Junior Fun Day	Apr 26, 2025 1pm-3pm

### Payment Options

- All payments should accompany completed Junior Academy and Membership application forms. **The registration may not be processed in the absence of the completed forms.**
- E-transfers can be sent to [payments@eglintonflats.com](mailto:payments@eglintonflats.com) for full payments only along with a completed application form to the same email (mention the name of the student in the message column).
- All cheques are payable to **Eglinton Flats Winter Tennis Club.**
- Debit and cash payments accepted at the club after September 18, 2024.

### Mailing Address

Mike Thomson / Tennis Director  
 416.820.1993 / [mthoms@rogers.com](mailto:mthoms@rogers.com)



Application can be mailed to:

**Shot Selections**  
 341 Ridley Blvd.  
 Toronto, ON  
 M3H 1L3



Drop off application at the club:  
**Eglinton Flats Winter Tennis Club**  
 3601 Eglinton Ave. West  
 Toronto, ON M6M 1V7

Mondays, Wednesdays & Fridays from 2:30pm to 7:30pm  
 beginning Sept 11 & everyday from 7am - 11pm beginning Oct 1

**Junior racquets** can be purchased from the club proshop. Mike Thomson will be happy to help fit your child with the proper equipment.

# EGLINTON FLATS

## JUNIOR TENNIS ACADEMY

2024/2025 PROGRAM  
 October 1, 2024 - April 28, 2025  
 (27 weeks)



Presented by



# WHAT BETTER WAY TO SPEND THE COLD WINTER MONTHS

than staying warm on the courts, being active and having fun? Mike Thomson, Director of Tennis, has assembled a dynamic, certified teaching staff and has developed fantastic, fun programs for kids aged 4– 17, from beginners to provincial level players for both recreational and competitive tennis.

All Junior Academy program sessions run from 4– 6 pm. Sessions begin on Tuesday, October 1, 2024 and run for 27 weeks, excluding holiday weeks of December 21, 2024 to January 5, 2025 and March 10 - 14, 2025.

## TINY TOTS

**\$1836.00**

- For players aged 4 – 6
- Focus is on gross motor skill development and general athleticism
- Introduce basic movement and coordination skills
- 4:1 student to teacher ratio
- Progressive Tennis

## BEGINNER

**\$1836.00**

- Beginner level promotes a love of tennis and the desire to improve skills
- Focus on technical and tactical skills, movement, court sense, rules and positioning
- 4:1 student to teacher ratio
- Progressive Tennis

## INTERMEDIATE

**\$1836.00**

- Basics of tactical play from three quarters court for singles and doubles
- Emphasize swing rhythm for forehand and backhand
- Introduce topspin
- Differentiate between volleys and ground strokes
- Focus on different serving styles as well as return of serve
- 4:1 student to teacher ratio
- Progressive Tennis

## ADVANCED

**\$1836.00**

- Competitive and pre-competitive level players
- Training includes aerobic, physical and mental conditioning, instructional drills and challenge matches of singles/doubles
- Move beyond recreational to competitive level
- Expectation is to complement training with participation in local tournaments
- 4:1 student to teacher ratio

## PROVINCIAL PROGRAM

**\$6159.00**

- Tryouts held by invitation
- Six hours of on-court development per week
- Tournament participation is required; plans developed with coach input
- Coaching support on site at provincial tournaments
- 4:1 student to teacher ratio

Fee covers one weekday session that runs from 4 – 6pm for the 27 weeks. If you are registering for more than one session per week, please apply the fee for each session.

Please indicate the session(s) and day(s) you are registering for by marking the appropriate box with an ✓.

Program	Cost	Mon	Tue	Wed	Thu	Fri
Tiny Tots	\$1836.00					
Beginner	\$1836.00					
Intermediate	\$1836.00					
Advanced	\$1836.00					
Provincial Program**	\$6159.00					

Junior membership dues of \$189 are required in addition to Junior Academy Program fees. You can pay Academy fees with two post-dated cheques for equal amounts made payable to Eglinton Flats Winter Tennis Club. Please date cheques October 1, 2024 and January 1, 2025. Eglinton Flats reserves the right to change or cancel any program based on demand or court usage.

\*\*Provincial Program requires attendance Monday, Wednesday and Thursday from 4-6pm.

## Mike Thomson, *Shot Selections*

A nationally recognized tennis pro for the past 39 years, Mike has played, coached and worked with players from the junior to the pro level. Since joining the Flats in 2000 as head pro, Mike has significantly grown the Junior Academy each year.

He has played at the Open Level, worked with #1 ATP Doubles Player Daniel Nestor and was a practice partner for French Open Champion, Yannick Noah. For the past fourteen Rogers Cups in Toronto, Mike has worked with tennis greats past and present as the Director of the Rogers Cup Pro-Am.

Mike is very happy again to be returning to Eglinton Flats for his 25th winter season as Director of Tennis. He looks forward to working with new and returning students and welcomes all players to the Junior Academy.

## Register today.

We look forward to seeing you on the courts!